

.Whole School Curriculum overview for RSHE (SEAL and PSHE programmes of study.)	Autumn 1	Autumn 2 NSPCC (alternate years)	Spring 1	Spring 2	Summer 1 RSE – whole school – all teachers to deliver curriculum.	Summer 2
Reception	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Celebrating differences Black History Month - and Wilma Rudolph)</p> <p>Police visit- Bonfire safety.</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – what makes a good friend? Who can we tell? Respectful relationships Mental Health/Restorative Practice</p> <p>Getting on and falling out NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal Setting-Set a simple goal Growth mind-set Inspirational people (Robert the Bruce)</p> <p>Mental Health Children’s mental health week</p>	<p>Good to be me International Women’s Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Internet safety and harms Online relationships Restorative Practice Internet Legends assembly</p>	<p>Relationships RSE – Journey in Love Mental Health/Restorative Practice Loss - Dogger PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice Personal hygiene Keeping safe and managing risk – indoors and outdoors. road safety assembly Dementia Friends training</p>
Year 1	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me celebrating differences Black History Month – Harriet Tubman Police visit - Bonfire safety</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – What makes a good friend? Feelings and who to tell. Respectful relationships Mental Health/Restorative Practice</p> <p>Getting on and falling out NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal Setting-Set a simple goal Growth mind-set Inspirational people (Emmeline Pankhurst)</p> <p>Mental Health Children’s mental health week</p>	<p>Good to be me International Women’s Day Stereotypes Neurodiversity Celebration Week Mental health/physical health Say no to bullying Internet safety and harms Online relationships Restorative Practice Internet Legends assembly</p>	<p>Relationships RSE – Journey in Love Mental Health/Restorative Practice Jealousy and managing uncomfortable feelings PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice Personal hygiene Keeping safe and managing risk - road safety assembly Dementia Friends training</p>
Year 2	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Rights and responsibilities Black History Month Maya Angelou Police visit- Bonfire safety.</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – What makes a good friend? Feelings and who to tell. Respectful relationships</p> <p>Getting on and falling out Mental Health/Restorative Practice NSPCC stay safe/speak out</p>	<p>Going for goals Restorative Practice Goal setting and breaking it down into smaller steps Growth mind-set Inspirational people (Marcus Rashford)</p> <p>Mental Health Children’s mental health week</p>	<p>Good to be me International Women’s Day stereotypes Neurodiversity Celebration Week Mental/physical health Say no to bullying Internet safety and harms Online relationships Restorative Practice Internet Legends assembly</p>	<p>Relationships Loss and bereavement – Grandma had to go. RSE – Journey in Love Mental Health/Restorative Practice PANTS (NSPCC) Mental Health Awareness week Refugee Week)</p>	<p>Changes Mental health/restorative practice Personal hygiene Keeping safe and managing risk - dangers around the house. Transition Road safety assembly Dementia Friends training</p>
Year 3 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted	<p>New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy Black History Month- Rosa Parks Police visit- Bonfire safety</p>	<p>Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – What makes a good friend? Feelings and who to tell. Respectful relationships Mental Health/Restorative Practice</p>	<p>Going for goals Restorative Practice Goal setting for school targets Growth mind-set Inspirational people (Lopez Lomong)</p> <p>Mental Health Children’s mental health week</p>	<p>Good to be me International Women’s Day stereotypes Neurodiversity Celebration Week Mental/physical health Say no to bullying Internet safety and harms Online relationships Restorative Practice</p>	<p>Relationships Guilt – making a judgement RSE – Journey in Love Mental Health/Restorative Practice PANTS (NSPCC) Mental Health Awareness week Refugee Week</p>	<p>Changes Mental health/restorative practice Personal hygiene Good drugs and bad drugs Keeping safe and managing risks - road safety assembly Dementia Friends training</p>

		Getting on and falling out NSPCC stay safe/speak out		Internet Legends assembly		
Year 4 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted	New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy, rights and responsibilities Black History Month- Ghandi Police visit- Bonfire safety	Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying – different types of bullying., understanding feelings and who to tell? Respectful relationships Mental Health/Restorative Practice Getting on and falling out NSPCC stay safe/speak out	Going for goals Restorative Practice Goal setting and identifying barriers Growth mind-set Inspirational people (Mother Theresa) Mental Health Children’s mental health week	Good to be me International Women’s Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Internet safety and harms Online relationships# Restorative Practice Internet Legends assembly	Relationships Loss and bereavement – Badgers Parting Gifts RSE – Journey in Love Mental Health/Restorative Practice PANTS (NSPCC) Mental Health Awareness week Refugee Week	Changes Mental health/restorative practice Personal hygiene The risks with smoking Keeping safe and managing risk - strangers and safer strangers Road safety assembly Dementia Friends training
Year 5 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted	New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy, rights and responsibilities Black History Month- Nelson Mandela Police visit- Bonfire safety.	Say no to bullying (two weeks) Anti-bullying Week Bully Busters assembly Different types of bullying stereotypes, discrimination and prejudice including homophobia Respectful relationships Getting on and falling out NSPCC stay safe/speak out	Going for goals Restorative Practice Goal setting and identifying barriers Growth mind-set and building resilience Inspirational people (Anne Frank) Mental Health Children’s mental health week	Good to be me International Women’s Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Internet safety and harms Online relationships Restorative Practice Internet Legends assembly	Relationships RSE – Journey in Love Mental Health/Restorative Practice Putdowns- external and internal Marriage and civil partners Forced marriage PANTS (NSPCC) Mental Health Awareness week Refugee Week	Changes Mental health/restorative practice Personal hygiene Keeping safe and managing risk – Road safety assembly Dementia Friends training
Year 6 Citizenship – termly visit to Mersey Parks to resume when restrictions are lifted	New Beginnings Mental Health/Restorative Practice Caring Friendships Families and people who care for me Identity, society and equality – democracy, rights and responsibilities Black History Month-Mark Rashford Police visit- Bonfire safety.	Say no to bullying (two weeks) Anti-bullying week Bully Busters assembly Say no to bullying stereotypes, discrimination and prejudice including homophobia Respectful relationships Mental Health/Restorative Practice Getting on and falling out NSPCC stay safe/speak out	Going for goals Restorative Practice Goal setting – Linking thoughts, feelings and behaviours Growth mind-set and building resilience Inspirational people (Maximillian Kolbe) Mental Health Children’s mental health week	Good to be me Challenging stereotypes/prejudice and discrimination International Women’s Day Neurodiversity Celebration Week Mental/physical health Say no to bullying Internet safety and harms Online relationships Restorative Practice Internet Legends assembly	Relationships RSE – Journey in Love Mental Health/Restorative Practice Loss and bereavement Stages of grief – The Sad Book by Michael Rosen PANTS (NSPCC) Mental Health Awareness week Refugee Week	Changes Mental health/restorative practice The risks with alcohol and tobacco Keeping safe and managing risk - peer pressure/gangs – police visit Transition Road safety assembly St John’s Ambulance CPR/First Aid Dementia Friends training