

LUNCH @ HOLY FAMILY - WEEK 2

	MONDAY	CURRY TUESDAY	WEDNESDAY IS ROAST DINNER	THURSDAY	FISH FRIDAY
MAINS 1	Pasta Bolognese served with Crusty Bread	Chicken Tikka (H) served with Rice & Naan Bread	Roast Turkey & Yorkshire Pudding (H) served with Roast Potatoes	Beef & Chicken Sausage (H) served with Mashed Potato	100 % Cod or Salmon Fingers served with Crispy Fries
MAINS 2	Cheese Pasty served with Pommes Noisettes	Chinese Vegetable Curry served with Rice	Quorn Sausage & Yorkshire Pudding served with Roast Potatoes	Quorn Pasta Bake served with Garlic Slice	Cheese Whirl served with Crispy Fries
LITE BITE	Jacket Potato with Fillings (Tuna/Mayo, Cheese/ Beans) Deli Sandwich	Jacket Potato with Fillings (Tuna/Mayo, Cheese/ Beans) Deli Sandwich	Jacket Potato with Fillings (Tuna/Mayo, Cheese/ Beans) Deli Sandwich	Jacket Potato with Fillings (Tuna/Mayo, Cheese/ Beans) Deli Sandwich	Jacket Potato with Fillings (Tuna/Mayo, Cheese/ Beans) Deli Sandwich
VEGGIES	Peas & Sweetcorn	Baby Carrots	Broccoli Cauliflower	Mixed Vegetables	Baked Beans Marrowfat Peas
DESSERT	Selection of Cakes/ Biscuits or Fruit Pots	Selection of Cakes/ Biscuits or Fruit Pots	Selection of Cakes/ Biscuits or Fruit Pots	Selection of Cakes/ Biscuits or Fruit Pots	Strawberry Mousse or Fruit Pots

DAILY

Deli Sandwich, Self Serve Salad Bar,
Yoghurts, Cheese & Crackers and Fruit Bowl
Semi-Skimmed Milk

